Week 4 Term 3
Tuesday 6th August 2013

<table>
<thead>
<tr>
<th>Lunch order day</th>
<th>Wednesday 7th August</th>
</tr>
</thead>
<tbody>
<tr>
<td>Book club</td>
<td>Friday 16th August</td>
</tr>
<tr>
<td>Working bee</td>
<td>Sunday 25th August</td>
</tr>
<tr>
<td>Election/Cooking stall</td>
<td>Sunday 7th September</td>
</tr>
<tr>
<td>1st Chalk/Parent Direct order date</td>
<td>Tuesday 10th September</td>
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Student of the week

Naomi  Working well in her groups and always lending a helping hand.

Absences
If you have an absence note attached to your newsletter please return it tomorrow.

Uniform Survey
A uniform survey is attached. Please complete it with as many of your thoughts and ideas as possible and return it to school by Tuesday 13th August. When the surveys are collated a uniform meeting will be held where samples of dress and shirt designs and materials will be available for parents and community members to look at. This meeting won’t be held until later in the term possibly week 8 or 9.

Lost Property
There have been a few instances of children taking home other children’s hats, tops and jackets by mistake. Please make sure your child’s property, uniform or other, has their name clearly marked on it. If your child mistakenly takes home another child’s property please return it to school the next day.

Working Bee
There has been no response from parents for the working bee that was to be held on Saturday 10th August.

There will now be a working bee at school on Sunday 25th August. There is a bit of work to be done so if you have a spare few hours please join us from 9.30am. There will be a free sausage sizzle lunch for the workers at 12.30pm. Please let the school know if you will be joining us. We need numbers for catering.

Federal Election
As you would have heard by now the Federal Election will be held on Saturday 7th September. Bogan Gate P&C will be holding a cooking stall and a hundreds club on the day.

Families are asked to contribute cooking on the day OR cooking ingredients the week before. It would be appreciated if all families could spare a bit of time to help man the stall. A roster will be made up in 1/2 to 1 hour timeslots.
Chalk/Parent Direct
The P&C is running the Chalk/Parent Direct toy fundraiser again this year. The school was able to purchase nearly $100 worth of sandpit toys with the sales commission from the 2012 fundraiser. This year there will be 3 order dates - 10th Sept, 18th Oct and 18th Nov. Phone Christine on 68641124 or 68645174 for more information.

Book Club
Book club orders and payment are due next Friday 16th August please. Book club brochures arrived late this month. The September brochures will probably arrive in a couple of weeks. If you don’t want your order sent home with your child/children please make this clear on the order.

Head Lice
We have had reports of head lice from a couple of families. Thank you for letting the school know. A reminder that once children have been treated they can attend school as usual.

Road Safety
There are plans to paint a road system on the pavement (during the working bee), complete with road signs and pedestrian crossings, to help children become more aware of road safety. At the last P&C meeting members voted to buy 2 small bikes for the younger children to use at recess and lunch. Older children have the opportunity to learn to ride unicycles. When they are confident these may be used on the playground as well. The school has a large supply of helmets for student use bought using an NRMA grant in 2011.

Pattern making in Maths

Did you bring your home reader/s and library books back today?
Bring them tomorrow please!!!
Getting kids into nature
Does it really matter if children are spending more of their time indoors rather than climbing trees and catching cicadas? According to the experts, the answer is a resounding "yes". Find out more: http://www.schoolatoz.nsw.edu.au/en/wellbeing/fitness/getting-into-nature

School lunches at a glance

- Children have small stomachs and prefer to graze all day rather than eat fewer, bigger meals.
- Lunch is not as vital as breakfast in setting up your child for the school day.
- Sweet treats fill kids up, leaving little room for healthy lunch options.
- Reassure your kids that it's OK to bring their lunch home so you can see what they need to eat that evening.
- Be concerned when meals at home are being skipped as well as lunch.

Pizza sandwiches

- 4 slices high fibre white or wholemeal bread
- 2 tbsp pizza sauce
- 2 slices shaved light ham
- 80g light mozzarella
- 2 slices pineapple in juice - well drained
- Finely diced olives (optional)

1. Spread the bread slices with pizza sauce, then cut into large discs with a biscuit cutter.
2. Top two slices of bread with ham, mozzarella, olives and pineapple, then place the second slice on top.

Tuna salad

- Lettuce
- Cherry tomatoes
- Lebanese cucumber
- Carrot
- A tin of tuna with a ring pull to open

1. Combine lettuce, cherry tomatoes, cucumber and carrot in your child's lunchbox.
2. Pack the tin of tuna, which they can open and add to their salad at lunchtime.
3. If lunches can be refrigerated add a chicken drumstick or diced chicken instead. Put some mayo or salad dressing in a small container for variety.
Dear Parents and Carers
Can you please encourage your children to practice the school song and school creed at home.

**Bogan Gate School Song**
Rah, Rah for Bogan Gate,
Our school is the best for, children of the west,
Caring, sharing, having fun,
Learning lots, til day is done.
True friends and loving hearts,
Life is really great, for this is where it starts,
A Century of children through its gates,
It’s the school of Bogan Gate, RAH!!

**School Creed**
This is our school, let peace dwell here,
Let this place be full of contentment,
Let love abide here,
Love of one another, love of all mankind,
Love of life itself, and love of God,
Let us remember that as many hands build a house,
So many hearts make a school.
Uniform Changes Survey

- The following changes to the current school uniform have been suggested by students and by P&C members at the last P&C meeting.
- The information we receive from parents and community members will help an informed choice for updating our school uniform be made.
- Any uniform change will take 2 years.
- Girls will still be able to wear a skort and top if they want to.
- Navy trackpants will still be used for sportswear.
- Please use the back for additional comments.

<table>
<thead>
<tr>
<th>Current uniform</th>
<th>Proposed change</th>
<th>Yes/No</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sky polo shirt (boys and girls)</td>
<td>School blue button up shirt</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sky polo shirt (boys and girls)</td>
<td>Navy blue polo with sky blue accents on shoulders &amp; sky blue embroidered emblem</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blue trackpants (boys)</td>
<td>Grey trousers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blue trackpants (girls)</td>
<td>Navy trousers</td>
<td></td>
<td></td>
</tr>
</tbody>
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| Girls additional | School dress  
V or round neck zipper in back or front OR buttons in front  
No defined waistline  
1 or 2 pleats  
Material colours a mix of sky blue, navy and white | | |
| Navy sloppy joe with crew neck and sky blue emblem | Navy sloppy joe with V neck and sky emblem K-6 with the option of a knitted jumper for year 5-6 | | |
| Sky blue polo shirt with emblem | For sports day wear only  
Sky blue polo with emblem  
Or  
Plain yellow or red polo shirt depending on what sports house the student is in | | |
| Jacket | No change | | |
| Hat | No change | | |